

CANOE TRIP EQUIPMENT CHECK-LIST

Note: In all outdoor activities there is an assumed risk. This check-list and trip plan are intended as guides and should not be expected to replace proper education in outdoor survival, tripping or emergency procedures. Planning, experience and education are essential for safe wilderness activities

The amount of gear and, in some cases, the type of gear will vary depending on length of trip, type of water, weather, and time of year.

The Basic Equipment List should always go with you, whether it is a couple of hours out of sight of the Put-In, a Day Trip, or Multi-Day Trip.

| BASIC EQUIPMENT LIST for a day trip – most of this will fit into a dry pack or can be tied into the canoe | | | |
|--|---|--|--|
| Safety | Each Canoe | Food, etc. | Weather, Bugs, etc. |
| <input type="checkbox"/> 1 PFD per person | <input type="checkbox"/> 1 paddle per paddler | <input type="checkbox"/> 1 litre water/person | <input type="checkbox"/> Rain gear |
| <input type="checkbox"/> 1 whistle per person | <input type="checkbox"/> 1 extra paddle | <input type="checkbox"/> Snacks, GORP, granola bars, etc. | <input type="checkbox"/> Brimmed hat |
| <input type="checkbox"/> Compass (Know how to use it!) | <input type="checkbox"/> Bailer, sponge or pump | <input type="checkbox"/> Fire Starter (Waterproof Matches, lighter, etc.) | <input type="checkbox"/> Glasses straps for those who wear glasses |
| <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> 1 throw line | <input type="checkbox"/> Watertight Dry Bag/Backpack (See website Gear page) | <input type="checkbox"/> Orange Tarp & Extra Ropes |
| <input type="checkbox"/> Flashlight | <input type="checkbox"/> Painters/Towline | <input type="checkbox"/> Medications | <input type="checkbox"/> Toilet Paper |
| <input type="checkbox"/> Mirror | <input type="checkbox"/> Knife or Multi-tool | Clothing | |
| <input type="checkbox"/> Float Plan (see below) | <input type="checkbox"/> Map(s) | <input type="checkbox"/> Long sleeve shirt | <input type="checkbox"/> Insect repellent |
| <input type="checkbox"/> Watch | <input type="checkbox"/> Duct Tape | <input type="checkbox"/> Long pants | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Running shoes/Boots (no sandals) | <input type="checkbox"/> | <input type="checkbox"/> Extra socks | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> | <input type="checkbox"/> | | <input type="checkbox"/> Gloves |
| | | | <input type="checkbox"/> |

| MULTI-DAY TRIP EQUIPMENT LIST (in addition to the BASIC) | | | | | | | |
|---|--------------------------|--------------------------|--------------------------------|--------------------------|-------------------------------------|--------------------------|------------------|
| Safety | | Camp | | Kitchen | | Clothing | |
| <input type="checkbox"/> | <i>GPS</i> | <input type="checkbox"/> | <i>Tent & Ground Sheet</i> | <input type="checkbox"/> | <i>Stove and Extra Fuel</i> | <input type="checkbox"/> | <i>Dry Sacks</i> |
| <input type="checkbox"/> | <i>Spare Eye Glasses</i> | <input type="checkbox"/> | <i>Sleeping Bag(s)</i> | <input type="checkbox"/> | <i>Water Purifier/Filter</i> | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | <i>Bush Saw (folding)</i> | <input type="checkbox"/> | <i>Dish Soap</i> | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | <i>Tarp with Tie-Downs</i> | <input type="checkbox"/> | <i>Cooking Utensils, Pots, Pans</i> | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | <i>Headlamp(s) + Batteries</i> | <input type="checkbox"/> | <i>Food + 2 days emergency food</i> | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | |
| <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | | <input type="checkbox"/> | |

I won't go into details about clothing.